

unwind & refresh

Whether you are looking to tend body or soul, Mowhay offers both through our comprehensive list of luxurious grooming and therapeutic treatments. Incorporating massage techniques from around the world, Mowhay has sourced the very best in natural products and talented staff to make sure you leave us feeling refreshed, revitalised and wanting to return.

Using plant-based products in our treatments was and remains Mowhay's philosophy. Please ask one of our therapists if you need more information on ingredients. Most products used in treatments are also available to purchase in the salon.

Appointments from Monday to Saturday, between the hours of 9am - 9pm.

Book appointments with us online, via phone or send us an email.

We accept BACS payment before arrival.

Please note that our treatment prices are subject to change.

PLEASE READ OUR WEBSITE FOR INFORMATION ON BOOKINGS, ARRIVAL TIMES, LATE CANCELLATION AND OUR NO SHOW POLICY.

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hair removal

We use Lycon, a product made with organic raw materials for all our waxing treatments.

HOT WAX

Lip (10mins) £12

Chin (10mins) £12

Nostrils (10mins) £12

Eyebrows (10mins) £14

Lip & chin (15mins) £18

Face, lip & chin (20mins) £26

HOT WAX

Intimate

Underarm (15mins) £16

Basic bikini (15mins) £22

High bikini (20mins) £28

Brazilian (45mins) £36

Hollywood (45mins) £39

STRIP WAX

Half Leg (20mins) £22

Full Leg (30mins) £28

Forearm (20mins) £20

Full Arm (25mins) £24

Stomach (10mins) £14

threading

Eyebrows (15mins) £14

Upper lip (10mins) £12

Chin (10mins) £12

Lip & chin (15mins) £20

Face (inc lip & chin) (30mins) £33

tinting

Eyebrow tint (10mins) £15

Eyelash tint (15mins) £17

Eyebrow tint & wax (20mins) £22

WE LOVE

tanning

Using the award winning & organic Sienna X product that contains no parabens or chemicals, we ensure you achieve a professional and natural looking tan.

Full Body (30 mins) £27

* A patch test required 24 hours prior treatment.

enhanced lashes*

We extend and lift natural lashes, creating an instant fuller effect and high impact by strengthening hairs from the root without the use of faux lashes or glue. Lashes are also tinted darker. Essential pedicure is included.

Enhanced Lashes (60mins) £55

Tint Touch Up £12

We recommend refreshing your tint after 4 weeks, book this special offer with the lift.

speedy
treats

Quick Fix (20mins) £22

For those looking for a heightened experience without the time. Enhance your existing appointment at Mowhay with one of these speedy treatments. Perfect before or after a facial or massage.

SkinCeuticals Peel
Back Cleanse
Hand or Foot Massage
Head massage

Only available as an add on, not as a single treatment.

nails

Essential Nails (20mins) £23

A file and polish of your choice for either your hands or feet.

Luxury Nails

Our luxury manicure/pedicure is a longer treatment, and includes the reshaping and rehydrating of your nails on your hands or feet.

Manicure (45mins) £38

Pedicure (50mins) £40

Pedi with electric filing (60mins) £50

The Mowhay Full Works

Our signature nail treatment - enjoy the ultimate indulgent treatment for your hands or feet. With all the benefits of our Luxury treatment, the full works includes a nourishing hand or foot massage, invigorating exfoliant and a paraffin wax mask, to leave you feeling refreshed and relaxed.

Manicure (55mins) £49

Pedicure (60mins) £54

Pedi with electric filing (70 mins) £63

Gels

Longer lasting polish with a high shine & no cracking, peeling or chipping.

Gels Pedicure (60mins) £52

Hands or feet (45mins) £36

Hands & feet (90mins) £65

Soak off & buff (25mins) £22

Full set with soak off (70mins) £42

LOOK AFTER YOUR TOES!

Please bring flip flops to wear after your treatment, but in-case you forget we have some here for £1.50!

MADE FOR MEN

All of our treatments are available to everyone, but we also have a tailored list just for men, accompanied with our men's organic skincare range.

HANDS AND FEET

Nail shaping, cuticle tidy, moisturise and application of matte nail strengthener.

Manicure (30mins) £35

Pedicure (35mins) £40

HAIR

Eyebrow shape (10mins) £13

Ear, nose or nostrils (10mins) £11

Underarm (15mins) £16

Chest (20mins) £25

Chest & abdomen (30mins) £33

Back (30mins) £33

Back, chest & abdomen (45mins) £51

Legs (30mins) £30

Arms (25mins) £25

FACE

Detoxify & Strengthen Facial (55mins) £56

Exclusively created for men's specific skincare needs, this powerfully effective treatment exfoliates the skin with bamboo spines allowing for a deep cleanse. Enjoy a nourishing face and foot massage with seaweed leaves and mask to soothe even the most sensitive of skin or skin which has been effected by shaving rash, razor burn or ingrown hairs. The skin is left hydrated, fresh and mattified.

We also recommend...

All of our holistic treatments are available for men and women, but if we had to pick any we would choose the **Mould and Massage for Hands**, the **Lazy Days Seaweed Bath** and the **Signature Deep Muscular Massage** from our menu.

treatments

organic facials

Mini Mowhay (30mins) £40

For those on the go- this shorter but effective treatment uses powerful antioxidants to boost, lift and plump your skin while reducing the appearance of fine lines and wrinkles.

Bespoke Brilliance (55mins) £58

By first assessing your individual skin type, we apply essential oils to detoxify and clarify your facial area. Whilst your skin is encased, enriched and purified by our organic treatment you will enjoy a stimulating head massage.

Deluxe Upper Body Experience (90mins) £90

Combining a shoulder, back and neck massage with our longer and more intensive seaweed facial, we will unlock your skin's vitality and relax the entire body. Followed by exfoliation, a 20-minute facial massage, and a warm seaweed mask, your skin will be cleansed, softened and revitalised. You will feel the tension ebb away from your facial muscles allowing mind and body to be heightened to a new and relaxed state.

Atlantic Restorative Eye Treatment (40mins) £42

This is a unique treatment for refreshing and rejuvenating tired eyes. Banish puffiness and dark shadows, with this firming, hydrating and results-orientated treatment that uses specific products rich in seaweed extract, green tea and vitamin C to help reduce the appearance of fine lines and de-congest the eye area.

Back to the Surface Radiance Peel (50mins) £60

A highly effective resurfacing facial that targets congested lacklustre and dull skin. Using a combination of seaweed extract, naturally derived glycolic acid and lactic acids with pineapple fruit enzymes, this facial will give your skin back its natural radiant glow. Our advanced exfoliation treatment assists in diminishing fine lines and reducing size and will brighten the skin's appearance.

Power Of The Sea Anti-Ageing Facial (70mins) £70

Using ethically sourced marine plants from the Irish Sea, this intensive treatment with its restorative antioxidants and minerals is proven to reverse the effects of ageing on your skin. Giving a lifted, tightened and a revitalised facial palette, this treatment is ideal for those who seek a youthful glow.

facials with SkinCeuticals

Whilst Mowhay's ethos is to only use the best natural ingredients, our latest offerings include two types of facials using leading skincare brand SkinCeuticals. Using pure, efficacious ingredients and extracts with proven scientific results these products are designed to help prevent future damage, protect healthy looking skin and correct any visible signs of previous skin damage.

SkinCeuticals Peel

This is the ideal introduction to SkinCeuticals professional treatment range and as an initial peel for sensitive skin as it helps to prepare the skin for extractions, concerns of pigmentation due to sun damage, ageing and scaring. This Gel Peel works alone or as a perfect enhancement before any other treatment at Mowhay. We recommend booking a course of 4-6 peels spaced 10-14 days apart.

Peel (20mins) £25

Peel plus (40mins) £50

Course of 10 Peel Plus for £400

SkinCeuticals Facial (60mins) £75

Experience a tailor made SkinCeuticals facial aimed to correct, prevent, and protect all your skin concerns from dry, oily, sensitive, mature and pigmented. We will utilise advanced formulation techniques to help you achieve healthy looking skin and achieve instant results.

SkinCeuticals Destress (60mins) £75

If you're seeking a complete facial rejuvenation then our stressed skin facial is the perfect treatment, leaving you with refreshed soft skin and a luminous glow.

Powered by SkinCeuticals, the premier aesthetic skincare brand, the treatment deploys potent active ingredients and powerful massage techniques to remove the physical symptoms of stressed skin, including dryness, dullness and irritation, to reveal your natural radiance.

Dual-function exfoliation is a crucial part of this luxurious yet effective treatment that resurfaces and rehydrates your skin simultaneously – a results-driven therapy for skin in need of a fresh start.

baths & scrubs, wraps

Seaweed Treat - For Feet (60mins) £60

Whilst bathing your tired feet in a warm mineral bath, we re-encourage circulation into your lower limbs, feet, and toes through the application of an organic sea salt exfoliation, massage and seaweed wrap. The treatment will end with a pedicure.

Mould & Massage - For Hands (60mins) £60

Applying organic salts followed by a softening mask to your hands, we undo the daily wear and tear whilst tending to your upper limbs with an intensive arm and hand massage. The treatment will end with a manicure.

Lazy Days Detox Seaweed Bath (45mins) £55

Bathing at Mowhay is the ultimate way to immerse yourself in relaxation. This seaweed bath removes unwanted toxins and cleanses, leaving the skin hydrated and moisturised. You will not only feel the benefits in your skin, but also in your hair and nails too, leaving you feeling revived and refreshed.

Particular benefits to those that suffer from psoriasis, eczema or dermatitis.

This treatment can be followed by a speedy massage or a DIY facial whilst in the bath. Please ask for more details.

Organic Seaweed Sugar Glow Scrub (55mins) £62

This refreshing and all over exfoliation treatment awakens the skin and body. A wonderful fragrant mix of essential oils, seaweed and sugar performs the double action of gently removing dead skin cells, while introducing you to the uplifting and healing effects of our essential oils.

Lavender - Calms & relaxes whilst exfoliating, resurfacing & polishing the skin.

Peppermint - Uplifts & refreshes whilst resurfacing, smoothing & polishing the skin.

Autumn Restoration Spiced Mud Wrap (55mins) £70

No matter what time of year it is, there are moments when we all need to look inwards, press pause and restore mind, body and soul. Find your moment of brief autumnal hibernation with our wholly organic and curing 55-minute restoration treatment. Let our therapists wrap and incase you in a cocoon of tranquillity and self-care with our organic spiced mud wrap that will renew your vitality clock for the rest of the year.

Deep Comforts Seaweed Leaf Wrap (90mins) £110

Harnessing the deeply restoring powers of the sea, this detoxifying therapy uses organic seaweed leaves to gently scrub and enrich your body back to health – and is excellent in conjunction with a weight loss programme. Beginning with a body buff, this treatment detoxifies, firms and softens the skin. The whole body is then covered in Laminaria Seaweed leaves for instant firming results. The treatment is completed with a deeply nourishing body massage to lock in the good work.

massage therapy

Our massages are created wholly by our head therapist, Emilia, and are the result of knowledge gained from years in the luxury industry. We value that everyone is different, and can tailor to the needs of each individual. We use Bramley natural body oils in all our massages.

Warming Aromatherapy Massage

Moulding your tense muscles with the building warmth of aromatic oils, this treatment leaves body and mind calm and re-energised.

Back, neck & shoulder (30mins) £37

Full body (60mins) £62

Deep Sleep Ritual Massage (75mins) £80

Offering you a heightened sense of relaxation, this is a powerful sleep encouraging experience. Be ready to have all stresses, strains and tension melt away in this exquisite foot scrub, soak and full body massage, which utilises both Balinese and Hawaiian techniques of rhythmic, powerful and flowing movements over the entire body. The ritual evokes instant peacefulness and nurtures inner mindfulness, calmness and serenity.

Ultimate Muscle, Moisture & Massage (90mins) £90

To combat the ravages of English country weather, this is our most sumptuous treatment that will rehydrate the body and relieve aches and pains. Dependant on your skin type, we massage and moisturise the entire body using buffing and brushing techniques. We go deeper to tend and stretch your muscles, paying attention to pressure points in the feet and back.

Nourish & Sensory Full Body Massage (90mins) £95

Experience the warm and gentle touch of natural muslin bags filled with orange, clove, ginger and Voya's signature fucus serratus seaweed as these are gently massaged into your skin and release their nourishment.

This treatment is a holistic ritual, encompassing and reinvigorating the vital senses of smell and touch as precious seaweed oils meet your skin.

Prepare for full body relaxation, incorporating scalp massage, face massage, body massage, and gentle manipulations that follow the movement of the sea and will heal aches and pains. This luxury treatment can be tailored to individual needs.

specialist massage

Using the expertise of our skilled staff, these are our more technical therapies to relieve those problem areas.

Signature Deep Muscular Massage

In this classic massage, we incorporate hot stones to loosen tight muscles and encourage a deeper level of relaxation.

Back, neck & shoulder (40mins) £47

Full body (75mins) £77

Mowhay Head Massage (30mins) £37

We apply our knowledge of pressure point manipulation to send your mind into an higher state of relaxation.

Sports Therapy Massage (30mins) £35 / (60mins) £60

Sports massage is for everyone and not just for athletes, everyday lives can be stressful, with the biggest toll being taken on our bodies. Let our Sports Therapy Massage Professional Dan Bentley relieve those aches and pains and give you that 'MOT' you need. Each session is customised to each individuals concerns and paying attention to those problem areas.

TWO AT A TIME

ENJOY SIMULTANEOUS TREATMENTS IN OUR DOUBLE ROOM. JUST ASK.

body cleanse

Treatments to alleviate skin & sinus based complaints.

Back Cleanse, Hormones & Blemishes (20mins) £27

This treatment is ideal for those suffering from blocked pores & blemishes in that hard to reach area.

Hopi Ear Candles Treatment (25mins) £28

This natural, gentle & non invasive treatment offers relief to problems with the sinuses, proven to alleviate discomfort in the ears, nose and throat, and includes a relaxing pressure point head massage.

expectant mothers

Joining us after your first trimester, we apply tried, tested, and most importantly safe pre-natal techniques in a variety of indulgent massages using Voya organic massage oils. Melt away the aches and pains associated with pregnancy and feel comfortably cocooned, supported and restored.

Mowhay Exclusive for Mum (30mins) £37

Our gentle and attentive treatment will alleviate the tolls of pregnancy back ache and release tension to your tired body.

Earth Mother Pressious Moments (55mins) £75

Tailored to comfort and care for both expectant mother and child, this organic treatment begins by softly applying a specialised mask to the baby bump to support connective tissue and prevent stretch marks. Breathe in and feel your precious moment whilst your feet are wrapped in Laminaria Digitata Seaweed leaves to boost circulation, improve lymphatic drainage and reduce fluid retention. A hydrating organic mask is also applied as you enjoy a deeply relaxing face, hand and arm massage.

Earth Mother Full Body Therapy (90mins) £92

The 'earth mother' therapy is our unique, bespoke and extensive treatment for those tired out and deserving mothers to be. The indulgent and organic 90-minute treatment encompasses a gentle yet invigorating full-body exfoliation and a calming and restorative full-body massage with a softly cleansing and revitalising facial to finish the experience.

tender tides rituals

Our Tender Tides rituals are a much-needed addition to our holistic offerings, where our guests who are living with cancer at all stages of treatment can expect a safe, effective, and organic experience. These treatments incorporate the natural healing power of organic seaweed which restores moisture to dry and irritated skin that has been affected by Radiation, Chemotherapy, Targeted therapy or other cancer treatments. Using VOYA's gentle, certified-organic ingredients, let us take you to a place that is just for you.

FACIALS

Skin serenity from the sea (60mins) £75

Inspired by the ocean, a natural source of healing power, our organic facial is for sensitive complexions. Pure ingredients including Rose of Jericho and Argan oil will be applied to repair your skin while seaweed leaves will reduce inflammation and tenderness in your hands and feet. Mowhay recommends this facial to guests in active treatment with tender, sensitive skin.

Ready to be reborn facial (60mins) £75

This treatment starts with a gentle enzymatic exfoliation that lifts dead skin cells and encourages renewal, followed by an intensely moisturising seaweed mask. A special eye treatment using natural ingredients will then feed high levels of omega 6 and Vitamins A & E into your skin. This is recommended for guests that have completed cancer treatments and seek skin renewal.

MESSAGE

Gentle tides massage (80mins) £95

Feel yourself ebb and flow like the tides of the sea with this restorative top-to-toe treatment. Your skin will gain the nourishment of vitamins A, E & F, Shea butter, Rosehip oil and Evening Primrose which will help you settle into a sensation of balance and deep moisture. Mowhay recommends this massage to all guests including those in active cancer treatment.

Deep ocean revival (80mins) £95

This powerful experience will detoxify the body using naturally occurring products including Laminaria seaweed extracts and organic Fucus Serratus. Blood and lymph circulation will be stimulated, cleansing the body of toxins while organic seaweed and essential oils will improve skin's suppleness and elasticity. A full body exfoliation and restorative massage will follow. Mowhay recommends this ritual to those that have completed their cancer treatment.